

01.02.21

Good morning, Topaz! We hope you had a lovely weekend and are feeling ready to start the new week ahead! Thank you for all your fantastic photos from Friday celebrating our Story Day. We really loved seeing them!

Today, we have some Maths and English this morning as well as our usual weekly PE Haktive challenge. This afternoon, we will be starting the first of our well-being themed afternoons as part of Mental Health week. The theme this year is 'Express yourself' and during the afternoons this week we will be having a variety of activities which help us express ourselves in art, movement, mindfulness as well as a focus on our feelings. We also hope you have the opportunity, especially if you complete activities early, to have some time to take part in other things that make you feel good. Maybe a walk? Cooking? Crafts? Construction? It's up to you!

In maths today, we will be starting our new unit on statistics. There is a video to watch first.

<https://vimeo.com/501669795>

As it is an 'activity' session, there is not a worksheet attached. Instead, we would like you to create your own tally charts at home. You will need to decide on what information you want to collect in your tally chart. It could be: How many cars or bikes go past your house? Do you have more blue toy cars than red? How many windows and doors do you have at home? How many leaves, twigs or stones can you see on a walk? You can create your own tally charts on paper using the video to help you. Or alternatively, you could use the tally chart sheet attached. If you use the sheet, you don't have to fill them all in, you can choose the number you complete as it depends how long each one takes you to research and tally up! Remember, if you finish early you could do some practice of Times Table Rockstars, or your own times table practice.

In English, we are starting a new book today. It is called, 'After the Storm.' There is a video link of the story being read aloud for you to watch.

https://www.youtube.com/watch?v=O8Pj5_k2kZk

Please make sure an adult is with you when you watch anything on YouTube.

We will be focussing on this book for the next 3 days. Today, we would like you to write a recount of the animals trip in the wheelbarrow. What was it like to be in the wheelbarrow? What happened? On the task sheets there are some key pictures that will remind you of the story and can be the focus of your recount. There are two recount sheets to choose from to write your recount on. There is also a model to show you how you could write your recount as well as a 'Features of a Recount' checklist and a time conjunction word mat that you might like to use as a starting point for some of your sentences.

This afternoon, we have 3 well-being activities which you could do some or all of.

The first one introduces Mental Health week with a video and a feelings activity which you could complete on your own paper.

https://www.youtube.com/watch?v=STdJ_8ORyE&feature=youtu.be

Please make sure an adult is with you when you watch anything on YouTube.

Secondly, we have some mindfulness doodling that you could complete. There is an adult guidance sheet which explains some of the doodles that could be created on the sheets.

Finally, if you would like, there is a Cosmic yoga session which you could take part in called, 'Squish the Fish:

<https://www.youtube.com/watch?v=LhYtcadR9nw>

Please make sure an adult is with you when you watch anything on YouTube.

We have also set our new PE weekly challenge. Now more than ever it's important to keep active. We have attached a new planner where you could record all the healthy activities you do during this week. You can pick things from this week's Hactive Challenge-a-Day sheet and there are some other suggestions below but you can be as creative as you like:

Go on a welly walk with your family

Go for a run with a member of your family

Play football in the garden

Practise your throwing and catching

Complete a Joe Wicks workout

Yoga moves with Cosmic Kids Yoga online

BBC Super Movers videos

We are going to be excited to find out all the fun ways you have been keeping active! You could take pictures and send them in if you like.

We look forward to seeing the learning you do today.

From,

Mrs Wilson and Mrs Foxwell.