



Kingshill Church school

Emotional Health and Wellbeing Policy

Our Vision:

In our school we enjoy and celebrate inspiring, inclusive and life-long **learning**. We are an open, encouraging **community** sharing Christian values especially love and respect. We value **friendship** built on honesty, trust and acceptance in a caring environment.

"A healthy school ensures that when pupils are unhappy, anxious, disturbed or depressed there are open channels for them to seek or be offered support, without stigma and with appropriate confidentiality. A healthy school actively seeks to promote emotional health and well being and helps pupils to understand their feelings".

At Kingshill we work towards positive Emotional Health and Wellbeing in the whole of our school community for adults as well as children.

CONTEXT AND RATIONALE

Emotional health and wellbeing promotes school success and improvement by:

- contributing positively to priorities such as enhancing teaching and learning, raising standards, promoting social inclusion and improving behaviour and attendance
- involving pupils more fully in the operation of the school
- helping pupils and staff feel happier, more confident and more motivated
- helping to meet legal, ethical and curricular obligations

AIMS

- Happier and more motivated pupils and staff who get more out of life
- Pupils who are more engaged in the learning process
- Pupils who can concentrate and learn better
- Improved standards in all subjects, including literacy and numeracy.

- Improved attainment
- More effective teaching
- Parents and carers more involved in school life and learning
- Pupils with high self esteem and confidence
- Pupils who have a say in what happens at school
- Fewer disaffected pupils, disengaged from learning
- Improved behaviour and attendance
- Less bullying
- Improved morale of staff
- Lower absenteeism of staff
- Better recruitment level
- Positive and effective relationships between pupils and staff

The school promotes and provides a range of services to pupils which will support emotional health and wellbeing:

- Hygienic toilets which ensure privacy and safety
- Junior Playleaders and Sports leaders who support younger pupils
- Qualified first aiders
- A learning mentor and parent support adviser
- Transition events for year 6s and for new pupils to Reception, 'moving up' day for other years

The school promotes an anti-bullying culture through:

- A strong school ethos which empowers tolerance and respect, including respect for difference and diversity
- High profile of anti-bullying procedures and policy through, assemblies and events such as national anti-bullying week and using PHSE materials

The school promotes and strengthens the pupil voice through:

- Timetabled class meetings
- Class Reps activities and Spiritual Group meetings
- Pupil led fundraising events

- Pupil led assemblies
- Pupil feedback about subjects

The school promotes the involvement of parents and carers in the life and learning of the school through:

- Parents invitation to regular presentations of learning and assemblies and services
- Subject Focus evenings, Sports and Theme Weeks and Concerts/Music Events
- Involvement in school trips and extracurricular activities- Family Forest school
- Regular communication and involvement over pupil progress, behaviour and pastoral issues

The school facilitates a context for learning through:

- Enhancing school and classroom layout; facilities and resources
- Recognising the background of individual pupils and their physical, social and emotional needs
- Establishing clear rules, routines and expectations about behaviour for learning and social cohesion.
- Encouraging positive, caring and constructive relationships

The school enhances pupil motivation and learning through:

- Consistent support for vulnerable children and those with SEN through pastoral support, learning support, teaching assistants and other agencies where appropriate.
- A range of challenging opportunities for all pupils
- An exciting and varied range of extracurricular events and trips
- A balanced curriculum with opportunities for intellectual, physical and expressive development
- Using PHSE materials to raise self-esteem and confidence levels.

The school enhances pupil self-esteem and personal development through:

- The PSHE curriculum, First Aid Training
- Information, advice and guidance on sex and relationships and drugs
- Collective Worship and the Christian Values
- Opportunities for pupil leadership through school
- An emphasis on praise and reward
- Opportunities for reflection and spiritual development through art, literature, Windows Mirrors Doors, the RE curriculum and the use of reflective spaces

- The Forest School curriculum

The school enhances staff motivation, learning and professional development through:

- Regular Staff meetings- of a reasonable length
- Whole school training events, including Safeguarding, Mental Health and First Aid
- Access to appropriate external training and to MAT 'Care First' package
- Involving all staff in decision making and proposed changes
- Provision of non-contact time to allow for planning, delivery and evaluation of school

Activities and extra time for subject leadership role

- Consultation on training and support needs through regular review and the appraisal process